

Unto Bliss.

HAVING muttered or chanted aloud the name of God, be fully convinced in your mind that all your sins have been washed away and that no sinful thought can ever cross your mind again. Just as there is absolutely no possibility of darkness appearing before the sun, similarly the darkness of sin can never venture into the presence of the Divine Name. Never allow the imbecile idea to enter your mind that your sins will *gradually* disappear as you go on repeating the Divine Name. Nor should you ever commit a sin under the belief that you will be able to wipe it off by repeating the Divine Name. You will thereby be committing an unpardonable sin. Never resort to a sin under any plea whatsoever. Be positive in your mind that the whole stock of sins has been burnt away—reduced to ashes, and can never come to life again. Always keep the torch of the Divine Name burning in your mind and be fully assured that the darkness that existed before you lighted this lamp has been dispelled and that the possibility of a fresh supply has been eliminated by the light being kept constantly alive.

* * * *

Overcome all fears by surrendering yourself to the Lord. One who has surrendered himself to the Supreme Deity, who is the Almighty Lord of the whole universe, and the mainstay of all, can have nothing to fear. Be fully convinced in your mind that you have surrendered yourself to Him and

become His own man, that you have come under His protecting arms and that His whole might is there to protect you against all harm. That no sin or suffering dare cross your threshold. That there is no trace left in you of mental weaknesses such as depression of spirits, sorrow, agitation of mind, anxiety, despondency, excitement, scepticism, unbelief, jealousy, cowardice, hatred, etc. That the Divine Energy has descended into you and endowed you with immense power. That the Divine Power has rid you of all fears.

* * * *

Be fully assured in your mind that the Lord is always enshrined in your heart and that therefore no trace of impurity is left therein. That weaknesses like lust, anger, greed, pride, infatuation, arrogance, partiality, hatred, jealousy, animosity, etc., can never cross your portals. Impure thoughts can no longer exist where the Lord, who is All-pure, has installed Himself.

Be positive in your mind that the holy presence of the Lord in your heart has opened your inward eye—endowed you with transcendental vision. That you now behold the Lord everywhere, at every time and in every object. That, having come in contact with the Lord, who is All-love, your heart has been inundated with love. That no one in this world is alien to you, no one is worthy of contempt to you, no one is your enemy. That every one belongs to your own party, every one is your own

kinsman, as it were, and every one is dear to you. That it has now become your very nature to love every one without any selfish motive. That love is your very being. That love is your very creed.

* * * *

Having surrendered yourself to the Lord and uttered His holy name, feel that your whole being is throbbing with purity, fearlessness, energy, splendour, light, love, freedom from anxiety, desirelessness, contentment and supreme bliss. Never give way to sorrow. Never allow despondency, dejection, desire, imbecility, hatred, etc. to enter your mind.

Always feel strongly and be fully convinced that the Lord is constantly with you, enshrined in your very heart, and that His illimitable and invincible power is always there to protect you. That you have nothing to fear. That no sin or suffering can approach you. That you are absolutely pure, sinless, powerful, healthy in body and mind and all-blissful.

* * * *

Be positive in your mind that, having surrendered yourself to the Lord, you can lack nothing. That you have no desire left in your mind. That you are satisfied, contented, free from desire. That you have realized all your ambitions. That all your desires have been fulfilled. For the Lord has accepted you as His own man. That you have no craving left in your mind either for worldly enjoyment or for liberation.

* * * *

Be fully assured that, since the Lord has accepted you as His own man, you can have no anxiety whatsoever. That whatever He ordains for you is conducive to your welfare, for He is your own. That there can be no one so beneficent, so benevolent to you as He. That He is your supreme father, your most affectionate mother, your most beloved master, your greatest teacher, the Self of your self.

* * * *

Be positive in your mind that the Lord Himself has assumed the form of this universe, that each and every object comprising this universe is nothing but His own image. That you are not distinct from Him. That you are not identical with the body, but an integral part of the Lord. That fire cannot consume you, air cannot dry you, water cannot drench you, weapons cannot cleave you, and death cannot kill you. That you are perpetual, all-pervading, impenetrable, immovable, imperishable and eternal. As soon as you are convinced of this, you will behold the Lord everywhere and will be purged of all sins and rid of all afflictions. Nay, you will acquire immense power and the mission of your life will be fulfilled.

* * * *

Remember: you are really not identical with the body. You are proof against fear and death. You are eternal, conscious and blissful. You are an integral part of the Lord and are suffering out of sheer ignorance. Dispel this ignorance and realize your eternal and supremely blissful nature.

"Siva"
